

# 1<sup>st</sup> GlycanTrigger Patients Symposium

The GlycanTrigger project consortium is pleased to invite you to the **1<sup>st</sup> GlycanTrigger Patients Symposium: Discussing Inflammatory Bowel Disease Prediction and Prevention.**

**Date:** 19<sup>th</sup> of November 2024

**Time:** 5.30 - 7.00 PM CET

**Location:** Zoom, Online

Join us for an engaging symposium that will explore key risk factors, prevention strategies, and the vital role of patient involvement in managing Inflammatory Bowel Diseases (IBD). This is a great opportunity to engage with IBD experts, healthcare professionals, researchers, and patient associations.

## 1. **Welcome: Introduction & GlycanTrigger Overview**

Overview of GlycanTrigger, symposium objectives, and activities

*Speaker:* Salomé Pinho, GlycanTrigger Coordinator (i3s)

## 2. **Webinar: How close we are to preventing Inflammatory Bowel Disease?**

Identifying risk factors and prevention measures, and patient counselling approaches

*Speaker:* Joana Revés, MD Gastroenterologist (Hospital da Luz)

## 3. **Workshop: Co-creation of Patient Empowerment Guidelines**

Session on identifying barriers, sharing perspectives, and developing a roadmap to improve patient engagement

*Speaker:* Guendalina Graffigna, Professor of Consumer Psychology and Health (Catholic University of the Sacred Heart of Milan)

Candida Cruz (APDI – Portuguese Association of Inflammatory Bowel Disease)

## 4. **Workshop: Health Literacy in Inflammatory Bowel Disease Management**

Session on health literacy, identifying key gaps, and incorporating real-life experiences to improve IBD care

*Speaker:* Joana Torres, MD Gastroenterologist (Hospital da Luz)

Please register at [www.glycantrigger.eu](http://www.glycantrigger.eu)

We would be delighted to welcome you to our 1st GlycanTrigger Patients Symposium!

Best regards,

GlycanTrigger Team